



SINGAPORE SLEEP, ALLERGY &
RHINOLOGY CONFERENCE

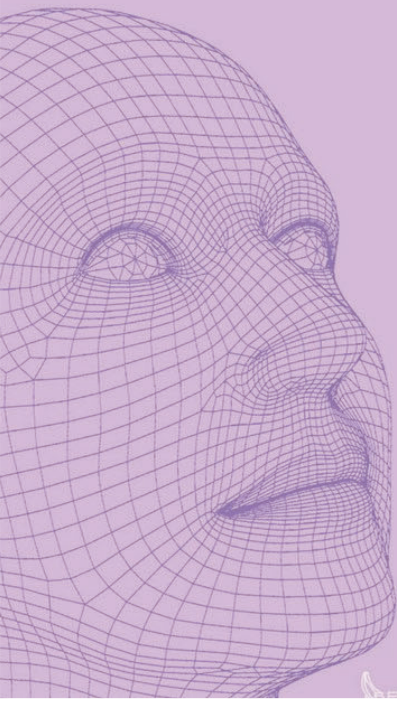
15TH SINGAPORE SLEEP, ALLERGY & RHINOLOGY CONFERENCE

05 – 07 September 2025 | Orchard Hotel, Singapore

10th SARC FESS Workshop

03 – 04 September 2025

PROGRAMME



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Ascent Ear Nose Throat
Specialist Group

Organising Co-Chair
15th SARC 2025
Director for Allergy Programme



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15th SARC & 10th SARC FESS
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Sleep Lecture Sessions



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QUANG

ACKNOWLEDGEMENT

The Organising Committee of the 15th SARC 2025 wishes to express its appreciation to the following for the strong support:

INVITED FACULTY

All overseas and local invited speakers, moderators and judges.

SOCIETIES, ASSOCIATIONS AND ORGANISATION



ACKNOWLEDGEMENT

The Organising Committee of the 15th SARC 2025 wishes to express its appreciation to the following for the strong support:

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REFERENCES 1. Vakily M, Zhang W, Wu J, Atkinson SN, Mulford D. Pharmacokinetics and pharmacodynamics of a known active PPI with a novel Dual Delayed Release technology, dexlansoprazole MR: a combined analysis of randomized controlled clinical trials. *Curr Med Res Opin.* 2009;25(3):627-38. 2. Metz DC, Howden CW, Perez MC, Larsen L, O'Neil J, Atkinson SN. Clinical trial: dexlansoprazole MR, a proton pump inhibitor with dual delayed-release technology, effectively controls symptoms and prevents relapse in patients with healed erosive oesophagitis. *Aliment Pharmacol Ther.* 2009;29(7):742-54. 3. Wittbrodt ET, et al. *Clin Exp Gastroenterol* 2009;2:117-28. 4. Kukulka, M et al. *Clin Exp Gastroenterol* 2011;4:213-20 5. Lee RD, et al. *Aliment Pharmacol Ther* 2010;31:1001-11. 6. Frye JW, Peura DA, *Ther Clin Risk Manag* 2015;11:1649-56. 7. Goh KL, et al. *J Neurogastroenterol Motil.* 2016 Jul 30;22(3):355-66.

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10TH SARC FESS WORKSHOP

DAY 1: WEDNESDAY, 03 SEPTEMBER 2025

CENTRE FOR ADVANCED CLINIC & SURGICAL SKILLS, CHANGI GENERAL HOSPITAL, LOBBY B, BASEMENT 2

0830 – 0900 REGISTRATION

0900 – 0905 WELCOME ADDRESS

Welcome Address

Dr David Chin

0905 – 0945 CADAVERIC DEMONSTRATION 1

FESS

- Ucinectomy
- Middle Meatal Antrostomy
- Ethmoidectomy
- Sphenoidotomy
- Frontal Sinusotomy - Intact Bulla Technique, Carolyn's Window, Mini-Lothrop

A/Prof DS Sethi
Prof Yvonne Chan

0945 – 1015 Coffee & Tea Break

1015 – 1115 CADAVERIC DISSECTION 1

1115 – 1200 CADAVERIC DEMONSTRATION 2

- Anatomy of Lacrimal System
- Endoscopic Dacryocystorhinostomy

A/Prof DS Sethi

1200 – 1300 Lunch

1300 – 1400 CADAVERIC DISSECTION 2

1400 – 1445 CADAVERIC DEMONSTRATION 3

Sphenopalatine Artery Ligation

Vidian Neurectomy

Maxillary Sinus

- Prelacrimal Approach
- Endoscopic Medial Maxillectomy
- Modified Denker's Approach

Prof Yvonne Chan

1445 – 1515 Coffee & Tea Break

1515 – 1700 CADAVERIC DISSECTION 3

1700 End of Day 1

10TH SARC FESS WORKSHOP

DAY 2: THURSDAY, 04 SEPTEMBER 2025

CENTRE FOR ADVANCED CLINIC & SURGICAL SKILLS, CHANGI GENERAL HOSPITAL, LOBBY B, BASEMENT 2

0830 – 0900 REGISTRATION

0900 – 0945 CADAVERIC DEMONSTRATION 4

Transpterygoid Approach

- Anatomy: Pterygopalatine Fossa, V2, Vidian Nerve, Infratemporal Fossa

Dr Naveen Bhandarkar

0945 – 1015 Coffee & Tea Break

1015 – 1115 CADAVERIC DISSECTION 4

1115 – 1200 CADAVERIC DEMONSTRATION 5

Transsphenoidal Approach

- Anatomy : Pituitary, Optic Nerve & Optic Chiasma, Cavernous Sinus

Dr Naveen Bhandarkar

1200 – 1300 Lunch

1300 – 1430 CADAVERIC DISSECTION 5

1430 – 1500 DEBRIEF / Q&A SESSION

1500 End of Day 2


DAY 1: FRIDAY, 05 SEPTEMBER 2025

TIME	SESSIONS		
0730 – 0830	REGISTRATION		FOYER, LEVEL 3
0830 – 0845	OPENING CEREMONY		BALLROOM I, LEVEL 3
0830 – 0840	Welcome Address Dr Leong Jern-Lin, Organising Chairman, 15 th SARC 2025		
0840 – 0845	Opening Address A/Prof Charn Tze Choong, President, Society of Otolaryngology - Head and Neck Surgery Singapore (SOHNSS)		
0845 – 1000	PLENARY LECTURE 1		BALLROOM I, LEVEL 3
	Moderator <i>Dr Andy Chua</i>		
0845 – 0945	Anatomy, Imaging and Pathology of the Skull Base and Suprahyoid Neck Spaces A/Prof Dharambir S Sethi, Singapore		
0945 – 1000	Q&A		
1000 – 1030	Coffee & Tea Break, Poster Viewing & Exhibition		BALLROOM II, LEVEL 3
1030 – 1150	RHINOLOGY 1	ALLERGY 1	BALLROOM I, LEVEL 3 / LAVENDER ROOM, LEVEL 3
	Moderators <i>Dr Kachorn Seresirikachorn & Dr Gil Vicente</i> / <i>Prof Teti Madiadipoera & Prof Wang De Yun</i>		
1030 – 1050	Diagnosis and Management of Eosinophilic Chronic Rhinosinusitis Subtypes Dr Angela Donaldson, USA	Airway Inflammation: Update Pathophysiology Toward Therapeutic Implementation A/Prof Pongsakorn Tantilipikorn, Thailand	
1050 – 1110	Allergic Fungal Sinusitis Dr Naveen Bhandarkar, USA	Clinical Utility of Cytological and Biological Markers for Local Allergic Rhinitis Dr Hoang Phuoc Minh, Vietnam	
1110 – 1130	The Optimal Cutpoint of Tissue Eosinophil Count for ECRS A/Prof Kornkiat Snidvongs, Thailand	Middle Turbinate Oedema, AR & Asthma A/Prof Revadi Govindaraju, Malaysia	
1130 – 1150	Discussion Dr Angela Donaldson, Dr Naveen Bhandarkar, A/Prof Kornkiat Snidvongs / A/Prof Pongsakorn Tantilipikorn, Dr Hoang Phuoc Minh, A/Prof Revadi Govindaraju		
1150 – 1230	Lunch, Poster Viewing & Exhibition		BALLROOM II, LEVEL 3
1230 – 1330	LUNCH SYMPOSIUM BY sanofi		BALLROOM I, LEVEL 3
	Moderator <i>Dr Jason Hwang</i>		
1230 – 1315	CRSwNP in Practice: Real Cases, Real Decisions, Real Impact Prof Martin-Yvon Desrosiers, Canada		
1315 – 1330	Q & A		
1330 – 1430	PLENARY LECTURE 2		BALLROOM I, LEVEL 3
	Moderator <i>Dr Caroline Lee</i>		
1330 – 1410	Sinus Surgery in the Era of Biologics Prof Yvonne Chan, Canada		
1410 – 1430	Panel Discussion Prof Yvonne Chan, Dr Naveen Bhandarkar, A/Prof Chadi Makary, Prof Siow Jin Keat		
1430 – 1550	RHINOLOGY 2	ENDOSCOPIC SINUS SURGERY 1	BALLROOM I, LEVEL 3 / LAVENDER ROOM, LEVEL 3
	Moderator <i>Prof Thidar Soe & Dr Caroline Lee</i> / <i>Prof Luan Tran & A/Prof Revadi Govindaraju</i>		
1430 – 1450	Update on the Treatment for CRS with Nasal Polyps A/Prof Chadi Makary, USA	Revision Endoscopic Sinus Surgery Prof Jonathan Ting, USA	
1450 – 1510	Clinical Insights from Smell Loss Patients: Reflections from a Specialised Smell Clinic Prof Cho Do-Yeon, USA	Dealing with the Difficult Frontal Sinus Prof Neil Tan, UK	
1510 – 1530	Olfaction and Epithelial Health in Type 2 Inflammation Prof Martin-Yvon Desrosiers, Canada	Impact of the Extent of ESS on Therapeutic Outcomes A/Prof Kornkiat Snidvongs, Thailand	
1530 – 1550	Discussion A/Prof Chadi Makary, Prof Cho Do-Yeon, Prof Martin-Yvon Desrosiers / Prof Jonathan Ting, Prof Neil Tan, A/Prof Kornkiat Snidvongs		

DAY 1: FRIDAY, 05 SEPTEMBER 2025

TIME	SESSIONS												
1550 – 1620	Coffee & Tea Break, Poster Viewing & Exhibition BALLROOM II, LEVEL 3												
1620 – 1740	<table border="1" style="width: 100%;"> <tr> <td style="width: 50%;">RHINOLOGY 3 BALLROOM I, LEVEL 3</td> <td style="width: 50%;">ENDOSCOPIC SINUS SURGERY 2 LAVENDER ROOM, LEVEL 3</td> </tr> <tr> <td>Moderators <i>Dr Retno S Wardani & Dr Gil M. Vicente</i></td> <td><i>Prof Luan Tran & Dr Kachorn Seresirikachorn</i></td> </tr> <tr> <td>1620 – 1640 Management of Epistaxis Dr Naveen Bhandarkar, USA</td> <td>Mastering Maxillary Sinus Surgery: Managing Inflammation from Beginner to Expert Prof Cho Do-Yeon, USA</td> </tr> <tr> <td>1640 – 1700 Diagnostic and Management Strategies for CSF Rhinorrhea Dr Angela Donaldson, USA</td> <td>Complications in Endoscopic Sinus Surgery Prof Yvonne Chan, Canada</td> </tr> <tr> <td>1700 – 1720 Viruses and Epigenetics in CRS Prof Martin-Yvon Desrosiers, Canada</td> <td>Treatment and Controversies in the Management of Inverted Papilloma Prof Neil Tan, UK</td> </tr> <tr> <td>1720 – 1740 Discussion Dr Naveen Bhandarkar, Dr Angela Donaldson, Prof Martin-Yvon Desrosiers</td> <td>Discussion Prof Cho Do-Yeon, Prof Yvonne Chan, Prof Neil Tan</td> </tr> </table>	RHINOLOGY 3 BALLROOM I, LEVEL 3	ENDOSCOPIC SINUS SURGERY 2 LAVENDER ROOM, LEVEL 3	Moderators <i>Dr Retno S Wardani & Dr Gil M. Vicente</i>	<i>Prof Luan Tran & Dr Kachorn Seresirikachorn</i>	1620 – 1640 Management of Epistaxis Dr Naveen Bhandarkar, USA	Mastering Maxillary Sinus Surgery: Managing Inflammation from Beginner to Expert Prof Cho Do-Yeon, USA	1640 – 1700 Diagnostic and Management Strategies for CSF Rhinorrhea Dr Angela Donaldson, USA	Complications in Endoscopic Sinus Surgery Prof Yvonne Chan, Canada	1700 – 1720 Viruses and Epigenetics in CRS Prof Martin-Yvon Desrosiers, Canada	Treatment and Controversies in the Management of Inverted Papilloma Prof Neil Tan, UK	1720 – 1740 Discussion Dr Naveen Bhandarkar, Dr Angela Donaldson, Prof Martin-Yvon Desrosiers	Discussion Prof Cho Do-Yeon, Prof Yvonne Chan, Prof Neil Tan
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1720 – 1740 Discussion Dr Naveen Bhandarkar, Dr Angela Donaldson, Prof Martin-Yvon Desrosiers	Discussion Prof Cho Do-Yeon, Prof Yvonne Chan, Prof Neil Tan												
1830	SARC DINNER SYMPOSIUM (BY INVITATION ONLY) JUNIPER ROOM, LEVEL 2, ORCHARD HOTEL												
1830	Welcome Reception & Registration												
1900	Welcome Address												
1910	CRSwNP in Focus: The Evolving Treatment Landscape and the Combined Role of Biologics and Surgery Prof Yvonne Chan, Canada												
1930	Dinner continues												
	End of Day 1												

DAY 2: SATURDAY, 06 SEPTEMBER 2025

TIME	SESSIONS	
0730 – 0800	REGISTRATION BALLROOM II, LEVEL 3	
0800 – 0900	TUMOUR ROUND TABLE DISCUSSION BALLROOM I, LEVEL 3	
Moderator	<i>Prof Samer Fakhri</i>	
	Panelists: Prof Neil Tan, Dr P.K. Purushothaman, A/Prof Siow Jin Keat	
0900 – 1020	RHINOLOGY 4 BALLROOM I, LEVEL 3	ENDOSCOPIC SINUS SURGERY 3 LAVENDER ROOM, LEVEL 3
Moderators	<i>Dr Hoang Phuoc Minh & Dr AB John</i>	<i>Dr Gil M. Vicente & Prof Thidar Soe</i>
0900 – 0920	Vidian Neurectomy Dr Harvinder Singh, Malaysia	Extended Sphenoid Sinus Surgery Dr Kachorn Seresirikachorn, Thailand
0920 – 0940	Minimally Invasive Techniques for Chronic Rhinitis: Emerging Options for Management of PNNs Prof Cho Do-Yeon, USA	Surgical Approach to the Lateral Sphenoid Sinus Prof Samer Fakhri, USA
0940 – 1000	In Office Management of Chronic Rhinitis Dr William Yao, USA	Endoscopic DCR Prof Samer Fakhri, USA
1000 – 1020	Discussion Dr Harvinder Singh, Prof Cho Do-Yeon, Dr William Yao	Discussion Dr Kachorn Seresirikachorn, Prof Samer Fakhri, Prof Jonathan Ting
1020 – 1050	Coffee & Tea Break, Poster Viewing & Exhibition BALLROOM II, LEVEL 3	
1050 – 1210	RHINOLOGY 5 BALLROOM I, LEVEL 3	ENDOSCOPIC SKULL BASE SURGERY LAVENDER ROOM, LEVEL 3
Moderators	<i>Dr Retno S Wardani & Dr Caroline Lee</i>	<i>Prof Thidar Soe & Dr Alex Tham</i>
1050 – 1110	Addressing the Unmet Needs in the Management of Allergic Rhinitis Dr Tan Jian Li, Singapore 	Comparison of Transcranial Anatomy of Cavernous Sinus with Endoscopic Anatomy Dr P.K. Purushothaman, India
1110 – 1130	Evolving Paradigms in Topical Drug Delivery: Management in the Next Generation Prof Cho Do-Yeon, USA	Endoscopic Skull Base Surgery Prof Jonathan Ting, USA
1130 – 1150	Recalcitrant CRS: The Evidence For and Against Topical Therapies Dr Angela Donaldson, USA	Repairing a CSF leak following TSH – Do we need a NSF? Dr William Yao, USA
1150 – 1210	Discussion Dr Tan Jian Li, Prof Cho Do-Yeon, Dr Angela Donaldson	Discussion Dr P.K. Purushothaman, Prof Jonathan Ting, Dr William Yao
1210 – 1300	Lunch, Poster Viewing & Exhibition BALLROOM II, LEVEL 3	
1300 – 1400	SPECIAL SYMPOSIUM BALLROOM I, LEVEL 3	GP SYMPOSIUM LAVENDER ROOM, LEVEL 3
Moderator	<i>Dr Tan Jian Li</i>	<i>Dr Ker Liang</i>
1300 – 1350	Bitter Taste Receptors and Innate Immunity Prof Noam Cohen, USA	1210 – 1400 Lunch & Registration
1350 – 1400	Q&A	
1400 – 1500	PLENARY LECTURE 3 BY GSK BALLROOM I, LEVEL 3	1400 - 1445 Unlocking Early Cancer Detection in General Practice: Spot-Mas and Practical Screening Strategies for GPs  Dr Brendan Chia, National Cancer Centre Singapore
Moderator	<i>A/Prof Revadi Govindaraju</i>	
1400 – 1440	Comprehensive Management of CRSwNP in 2025 Prof Noam Cohen, USA	
1440 – 1500	Panel Discussion Prof Noam Cohen, Prof Yvonne Chan, Dr P.K. Purushothaman, A/Prof Siow Jin Keat	1445 – 1500 Q&A
1500 – 1520	Coffee & Tea Break, Poster Viewing & Exhibition FOYER, LEVEL 6	

DAY 2: SATURDAY, 06 SEPTEMBER 2025

TIME	SESSIONS		
1520 – 1640	RHINOLOGY 6	BALLROOM 1, LEVEL 3	GP SYMPOSIUM LAVENDER ROOM, LEVEL 3
Moderators	<i>Dr P.K. Purushothaman & Dr Lim Keng Hua</i>		<i>Dr Ker Liang</i>
1520 – 1540	Evaluation and Treatment of Primary Immunodeficiency and CRS Patients A/Prof Chadi Makary, USA		1500 – 1545 Understanding OSA: What's Next! Dr Lee Chuen Peng, The Respiratory Practice PHILIPS
1540 – 1600	Post-ESS Management – Techniques to Decrease Intranasal Synechia Dr William Yao, USA		1545 - 1600 Q&A
1600 – 1620	The Role of Macrolide in Treating Chronic Rhinosinusitis Dr Kachorn Seresirikachorn, Thailand		1600 Closing / Tea break
1620 – 1640	Discussion Dr William Yao, Dr Kachorn Seresirikachorn, Dr P.K. Purushothama		
1640 – 1800	ALLERGY 2	BALLROOM 1, LEVEL 3	RESEARCH FORUM 1 LAVENDER ROOM, LEVEL 3
Moderators	<i>Prof Teti Madiadipoera & Dr Hoang Phuoc Minh</i>		<i>Prof Wang De Yun</i>
1640 – 1650	Future Direction of Allergen Immunotherapy A/Prof Pongsakorn Tantilipikorn, Thailand		Tissue Eosinophils Threshold and Its Association with Adult-Onset Asthma in Chronic Rhinosinusitis Dr Kittichai Mongkolkul, Thailand
1650 – 1700			The Efficacy and Safety of Coblation Assisted Selective Posterior Nasal Nerve Neurectomy (PNNN) for Recalcitrant Perennial Allergic Rhinitis Dr Oshin Thomas, India
1700 – 1710	Food Anaphylaxis Prof Chew Fook Tim, Singapore		Melatonin as a Therapeutic Adjunct in Obstructive Sleep Apnea: A Review of Potential Benefits Mr Jose Javier Lasala, Philippines
1710 – 1720			CCR3 Expression in the Olfactory Mucosa and Its Role in Inflammation-Related Olfactory Dysfunction Dr Yanyi Tu, China
1720 – 1730	Allergens Prof Chew Fook Tim, Singapore		Comparing Frontal Sinus Irrigation Distribution following Draf 2a Frontal Sinus Surgery: Direct Access (Carolyn's Window) versus Angled Draf 2a Frontal Sinusotomy Dr Napamon Chantarapitak, Thailand
1730 – 1740			Correlation of Danyoung Classification and Total IgE with VAS Score and Symptom Duration in Allergic Rhinitis Dr Ayunita Tri Wirattami, Indonesia
1740 – 1750	Discussion A/Prof Pongsakorn Tantilipikorn, Prof Chew Fook Tim, Dr Retno S Wardani		From Benign to Malignancy – Next-Generation Transcriptomics Insights into Sinonasal Inverted Papilloma and IP-Associated Squamous Cell Carcinoma Ms Shahana R, Singapore
1750 – 1800			-
1800 - 2100	SARC SLEEP WORKSHOP SOCIAL ACTIVITY (BY INVITATION ONLY)		Singapore Cricket Club
	End of Day 2		



COMPREHENSIVE ENT CLINIC SOLUTION



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DAY 3: SUNDAY, 07 SEPTEMBER 2025

TIME	SESSIONS	
0730 – 0800	REGISTRATION	FOYER, LEVEL 3
0800 – 0900	PLENARY LECTURE 4 	BALLROOM 1, LEVEL 3
Moderator	Dr Chong Khai Beng	
0800 – 0840	Halo for Intracapsular Dr Srinivas Kishore S, India	
0840 – 0900	Panel Discussion Dr Srinivas Kishore S, A/Prof Stanley Liu, Prof Hyung-Ju Cho	
0900 – 1020	RESEARCH FORUM 2 BALLROOM 1, LEVEL 3	SLEEP 1: SLEEP SURGERY IN 2025 – BACK TO THE NOSE LAVENDER ROOM, LEVEL 3
Moderators	Prof Wang De Yun	A/Prof Stanley Liu & Dr John Loh
0900 – 0910	The Optimal Cut-point of Tissue Eosinophil Count for Clinical Severity of Patients with Chronic Rhinosinusitis Dr Jompol Samuthpongton, Thailand	Predicting Sleep Surgery Outcomes and Personalised Approaches Prof Hyung-Ju Cho, South Korea
0910 – 0920	Sleep Disruption and ADHD-like Symptoms in Children with Mild Obstructive Sleep Apnea: A Case Series Ms Charlene Alia Shavana, Indonesia	
0920 – 0930	From Nasal Symptoms to Upper Airway Collapse in Obstructive Sleep Apnea: Nose, ESS, and DISE Findings Ms Pingkan Permata Putri, Indonesia	Nasal Surgery in Adult OSAS A/Prof Narinder Singh, Australia
0930 – 0940	Peak Nasal Inspiratory Flow as an Objective Measure of Nasal Obstruction Before and After Septoplasty with Turbinate Reduction Ms DOAN Thi Thuy Hien, Vietnam	
0940 – 0950	Is CRS-PRO Superior to SNOT-22 in Assessing Quality of Life and Disease Burden in Vietnamese Patients with Chronic Rhinosinusitis Dr Anh Nguyen Nhu Nguyen, Vietnam	Combined Rhinoplasty with MMA for OSA: When and How? Dr Diderot Parreira, Brazil
0950 – 1000	-	
1000 – 1020	-	Endonasal Rhinoplasty with Genioplasty: When and How? Dr Jessie Chi, Taiwan
1020 – 1050	Coffee & Tea Break, Poster Viewing & Exhibition	FOYER, LEVEL 3
1050 – 1200	RHINOLOGY 7 BALLROOM 1, LEVEL 3	SLEEP 2: EMERGING TECHNOLOGY IN OSA LAVENDER ROOM, LEVEL 3
Moderators	Dr Lim Keng Hua & Dr Harvinder Singh	Dr Corissa Chang & Dr Leonard Soh
1050 – 1110	Unveiling Differential IL-5R Expression and Its Role in Respiratory Epithelium Prof Hyung-Ju Cho, South Korea	Wearables for OSA Detection Dr John Loh, Singapore
1110 – 1130	An RNA Precision Medicine Approach for the Treatment of Inflammatory Nasal Polyps Dr Joshua Tay, Singapore	TORS for OSA: Is Mixed Reality Feasible? Dr Julius Goh, Malaysia
1130 – 1150	Correlation Between Nasal Mucosal Temperature and Nasal Patency – A Computational Fluid Dynamics Study A/Prof Narinder Singh, Australia	The Maxilla and TORS Success for OSA Prof Eric Thuler, USA
1150 – 1210	Discussion Prof Hyung-Ju Cho, Dr Joshua Tay, A/Prof Narinder Singh	Sleep and OSA : Where Does Allergic Rhinitis Play Prof Teti Madiadipoera, Indonesia
1210 – 1230	CLOSING CEREMONY & ORAL & POSTER AWARD PRESENTATIONS	BALLROOM 1, LEVEL 3
	End of Day 3	