

16th SINGAPORE SLEEP, ALLERGY & RHINOLOGY CONFERENCE 2026

Advancing Care, Inspiring Futures



2 – 4 JULY 2026

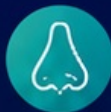


ONE FARRER HOTEL
SINGAPORE

PROGRAMME BOOK



ALLERGY



RHINOLOGY

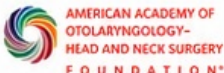


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SURGERY

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ACKNOWLEDGEMENT

The Organising Committee of the 16th SARC 2026 wishes to express its appreciation to the following for the strong support:

INVITED FACULTY

All overseas and local invited speakers, moderators and judges.

SOCIETIES, ASSOCIATIONS AND ORGANISATION



ACKNOWLEDGEMENT

The Organising Committee of the 16th SARC 2026 wishes to express its appreciation to the following for the strong support:

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REFERENCES 1. Vakily M, Zhang W, Wu J, Atkinson SN, Mulford D. Pharmacokinetics and pharmacodynamics of a known active PPI with a novel Dual Delayed Release technology, dexlansoprazole MR: a combined analysis of randomized controlled clinical trials. *Curr Med Res Opin.* 2009;25(3):627-38. 2. Metz DC, Howden CW, Perez MC, Larsen L, O'Neil J, Atkinson SN. Clinical trial: dexlansoprazole MR, a proton pump inhibitor with dual delayed-release technology, effectively controls symptoms and prevents relapse in patients with healed erosive oesophagitis. *Aliment Pharmacol Ther.* 2009;29(7):742-54. 3. Wittbrodt ET, et al. *Clin Exp Gastroenterol* 2009;2:117-28. 4. Kukulka, M et al. *Clin Exp Gastroenterol* 2011;4:213-20. 5. Lee RD, et al. *Aliment Pharmacol Ther* 2010;31:1001-11. 6. Frye JW, Peura DA, *Ther Clin Risk Manag* 2015;11:1649-56. 7. Goh KL, et al. *J Neurogastroenterol Motil.* 2016 Jul 30;22(3):355-66.

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Prescribing Information

C-APROM/SG/DEXI/0059 July 2025

16th Singapore Sleep, Allergy and Rhinology Conference 2026

DATE : 2 - 4 JULY 2026 | ONE FARRER HOTEL

- 11TH SARC FESS WORKSHOP : 30 JUNE - 1 JULY 2026
- 4TH SARC SLEEP WORKSHOP : 3 - 4 JULY 2026

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DAY 1: THURSDAY, 02 JULY 2026

TIME	SESSIONS	
0700 – 0800	REGISTRATION FOYER, LEVEL 6	
0800 – 0820	OPENING CEREMONY BALLROOM I, LEVEL 6	
0800 – 0810	Welcome Address Dr Leong Jern-Lin, Organising Chairman, 16 th SARC 2026	
0810 – 0820	Guest-of-honor Prof Amber Luong, President, American Rhinologic Society	
0820 – 0940	PLENARY LECTURE 1 BALLROOM I, LEVEL 6	
Moderator	Dr Andy Chua	
0820 – 0920	The Skull Base: Anatomy and Introduction to Imaging A/Prof Dharambir S Sethi, Singapore	
0920 – 0940	Discussion / Q&A	
0940 – 1000	Coffee & Tea Break, Poster Viewing & Exhibition FOYER, LEVEL 6	
1000 – 1120	RHINOLOGY 1 BALLROOM I, LEVEL 6	ENDOSCOPIC SKULL BASE SURGERY 1 BALLROOM II, LEVEL 6
Moderators	Dr Lim Ing Ruen, Dr Tan Jian Li	Dr Vinod Felix, Dr Kachorn Seresirikachorn
1000 – 1020	Precision Diagnosis of Allergic Rhinitis A/Prof Dr Pongsakorn Tantilipikorn, Thailand	Endoscopic Endonasal Skull Base Approaches A/Prof Carol Yan, USA
1020 – 1040	Future Direction of Allergen Immunotherapy A/Prof Dr Pongsakorn Tantilipikorn, Thailand	Endoscopic Management of Sinonasal Malignancy Prof David Gudis, USA
1040 – 1100	Indonesia's Experiences in Immunotherapy Treatment for Allergic Rhinitis Prof Teti Madiadipoera, Indonesia	Sinonasal Malignancy Management and Outcomes Dr Jacob Eide, USA
1100 – 1120	Up-to-date Consensus on Bilastine for Rhinoconjunctivitis Prof Ralph Mösges, Germany (VIRTUAL)	Discussion A/Prof Carol Yan, Prof David Gudis, Dr Jacob Eide
		
1120 – 1220	PLENARY LECTURE 2 SmithNephew BALLROOM I, LEVEL 6	
Moderator	Dr Retno Wardani	
1120 – 1200	From Plasma to Passage: Rethinking Turbinate Resection with the ARIS Wand Dr Alex Tham, Singapore	
1200 – 1220	Discussion / Q&A	
1220 – 1330	Lunch, Poster Viewing & Exhibition FOYER, LEVEL 6	
1330 – 1430	PLENARY LECTURE 3 BALLROOM I, LEVEL 6	
Moderator	Prof Dr Baharudin Abdullah	
1330 – 1410	What Allergic Fungal Rhinosinusitis Teaches us About the Pathophysiology of Chronic Rhinosinusitis Prof Amber Luong, USA	
1410 – 1430	Discussion / Q&A	

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DAY 1: THURSDAY, 02 JULY 2026 (CONTINUED)

TIME	SESSIONS		
1430 – 1550	BIOLOGICS DEBATE	BALLROOM I, LEVEL 6	ENDOSCOPIC SKULL BASE SURGERY 2
Moderator	Prof Luan Tran, Dr Maria Pang		Prof Dr Baharudin Abdullah, Prof P K Purushothaman
1430 – 1450	Management of CRSwNP: When Standard Therapy Is Not Enough Prof Amber Luong, USA		Endoscopic Anatomy & Surgery of Foramen Lacerum and Petrous Apex Dr Vinod Felix, India
1450 – 1515	Updates in the Role of Biologics and Sinus Surgery in Chronic Rhinosinusitis with Nasal Polyposis Prof Jivianne Lee, USA		Challenges in Endoscopic Orbital Surgery Prof David Gudis, USA
1515 – 1535	Evolving Approaches to CRSwNP Management: Reframing the Paradigm with Upstream TSLP Blockade A/Prof Carol Yan, USA		TONES as an Added Corridor for Pituitary Macroadenomas with Parasellar Extension Dr Vinod Felix, India
1535 – 1550	Discussion Prof Amber Luong, Prof Jivianne Lee, A/Prof Carol Yan		Discussion Prof David Gudis, Dr Vinod Felix
1550 – 1620	Coffee & Tea Break, Poster Viewing & Exhibition		FOYER, LEVEL 6
1620 – 1740	RHINOLOGY 2	BALLROOM I, LEVEL 6	ENDOSCOPIC SKULL BASE SURGERY 3
Moderators	Prpf Luan Tran, Dr Lim Ing Ruen		Dr Thevagi Maruthamuthu, A/Prof Kornkiat Snidvongs
1620 – 1640	New Innovations in Office Based Rhinologic Procedures Prof Jivianne Lee, USA		Pediatric Endoscopic Skull Base Surgery Prof David Gudis, USA
1640 – 1700	Generative AI for Surgeons Prof Martin Citardi, USA		Advanced Endoscopic Surgery for Skull Base/Eustachian Tube Pathology Prof Dennis Poe, USA
1700 – 1720	Leveraging Artificial Intelligence in Contemporary Rhinology A/Prof Sanjeet Rangarajan, USA		Comparison of Transcranial and Endoscopic Surgical Anatomy of Infratemporal Fossa Prof P K Purushothaman, India
1720 – 1740	Discussion Prof Jivianne Lee, Prof Martin Citardi, A/Prof Sanjeet Rangarajan		Discussion Prof David Gudis, Prof Dennis Poe, Prof P K Purushothaman
	SARC FACULTY DINNER (BY INVITATION ONLY)		KEK SEAFOOD
	End of Day 1		

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DAY 2: FRIDAY, 03 JULY 2026

TIME	SESSIONS	
0730 – 0800	REGISTRATION	FOYER, LEVEL 6
0800 – 0900	PLENARY LECTURE 4 <i>BALLROOM I, LEVEL 6</i>	SLEEP I: KEYNOTE LECTURES <i>BALLROOM II, LEVEL 6</i>
Moderators	Prof Wang De Yun	A/Prof Stanley Liu
0800 – 0840	Olfactory Neuroblastoma: The Multidisciplinary Management in the Era of Endoscope Prof Zhou Bing, China	0800 – 0810 Welcome Dr Leong Jern-Lin, Singapore
		0810 – 0820 Introduction to SARC Sleep 2026: Breathing and Beauty, Why This Matters A/Prof Stanley Liu, USA
0840 – 0900	Discussion / Q&A	0820 – 0850 Keynote: Breathing Through Your Nose for Life Dr Gordon Soo, Hong Kong
0900 – 1020	RHINOLOGY 3 <i>BALLROOM I, LEVEL 6</i>	0850 – 0920 Keynote: Interplay between Functional and Aesthetic Rhinoplasty Dr Sandeep Uppal, Singapore
Moderators	Prof P K Purushothaman, Dr Caroline Lee	
0900 – 0920	Olfaction (Post Viral and CRS, Therapeutics) A/Prof Carol Yan, USA	
0920 – 0940	Inverted Papilloma Prof Martin Citardi, USA	0920 – 0950 Keynote: Orthognathic Surgery, an Aesthetic and Functional Correctional Journey Dr Alfred Lau, Hong Kong
0940 – 1000	Allergic Fungal Sinusitis Prof Naveen Bhandarkar, USA	
1000 – 1020	Discussion A/Prof Carol Yan, Prof Martin Citardi, Prof Naveen Bhandarkar	0950 – 1000 Q&A Discussion with Keynote Speakers
1020 – 1050	Coffee & Tea Break, Poster Viewing & Exhibition	1000 – 1030 Coffee & Tea Break, Poster Viewing & Exhibition <i>FOYER, LEVEL 6</i>
1050 – 1210	RHINOLOGY 4 <i>BALLROOM I, LEVEL 6</i>	1030 – 1145 FUNCTIONAL & ESTHETIC RHINOPLASTY <i>BALLROOM II, LEVEL 6</i>
Moderators	Dr Minh P. Hoang, Dr Yu Yue	Moderators Dr Jessie Chi & Dr Sandeep Uppal
		OUTPATIENT SLEEP & COSMETIC PRACTICE <i>WISTERIA, LEVEL 6</i>
		Dr Albert Lee & Prof Catherine Hong
1050 – 1110	Chronic Rhinosinusitis Revisited: Inflammatory Biomarkers in the Biologic Age Prof Dr Baharudin Abdullah, Malaysia	1030 – 1045 Advanced Techniques in Functional Rhinoplasty Dr Chin-Fang Chang, Taiwan
		1045 – 1100 Breathing and Beauty: Functional-Aesthetic Septorhinoplasty in the Asian Nose Dr Thanitta Bovornprus, Thailand
1110 – 1130	Tips and Pearls to Avoid Revision ESS Dr Harvinder Singh, Malaysia	1100 – 1115 Surgical Approach to Pediatric SDB: Rhinology, Allergy, Facial Plastic Surgery Dr Nisreen Al-Musaileem, Kuwait
		1115 – 1130 Functional Rhinoplasty in Aesthetic Practice Dr Steve Wei, Taiwan
1130 – 1150	Avoiding Major Complications in FESS A/Prof Siow Jin Keat, Singapore	1130 – 1145 Functional Rhinoplasty for Sleep-Disordered Breathing Dr Nisreen Al-Musaileem, Kuwait
		1145 – 1200 Functional Endonasal Rhinoplasty for OSA Dr Jessie Chi, Taiwan
1150 – 1210	Discussion Prof Dr Baharudin Abdullah, Dr Harvinder Singh, A/Prof Siow Jin Keat	Reverse Facelift by Dentofacial Interventions Dr Ronnie Yap, Singapore
		Posterior Nasal Nerve Intervention and Sleep Quality Dr Liang-Chun Shih, Taiwan
		Myofunctional Health: The Heartbeat of Beauty Dr Katie Wickersham, USA
		Clinical Approach to 3D Digital Orthodontics Dr Satomi Kobayashi, Japan
		Botox & Fillers for the Sleepy Looking Patient Dr Chin-Fang Chang, Taiwan
		Designing a Smile that Breathes Dr Chavalle Liu, Taiwan

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DAY 2: FRIDAY, 03 JULY 2026 (CONTINUED)

TIME	SESSIONS			
1210 – 1310	RHINOLOGY 5 BALLROOM I, LEVEL 6	1200 – 1300	HYPOGLOSSAL NERVE STIMULATION BALLROOM II, LEVEL 6	OUTPATIENT SLEEP & COSMETIC PRACTICE WISTERIA, LEVEL 6
Moderators	Dr Andy Chua	Moderators	Dr Yufeng Chen & Prof Catherine Hong	Dr Katie Wickersham & Dr Ronnie Yap
1210 – 1230	Office Diagnosis of Eustachian Tube Disorders Prof Dennis Poe, USA	1215 – 1230	The Hypoglossal Nerve Stimulatory Implant Experience in Hong Kong: A Non-Insurance Based Healthcare System Prof Jason Chan, Hong Kong	The Business of Breathing Better in Taiwan Dr Albert Lee, Taiwan
1230 – 1250	Balloon Dilation of the Eustachian Tube for Obstructive Dysfunction Prof Dennis Poe, USA	1230 – 1245	Multi-level Surgery and Hypoglossal Nerve Stimulation Dr Corissa Chang, USA	Snoreplasty and Outpatient Sleep Procedures Dr Sophia Hsu, Taiwan
1250 – 1310	Local Experience with Eustachian Tube Treatment Dr Ng Jia Hui, Singapore	1245 – 1300	Hypoglossal Nerve Stimulation in Hong Kong: Challenges and Future Prospects Dr Natalie Leung, Hong Kong	How to Attract Your Ideal Patients Using Social Media Ms Melissa Bacon, USA
		1300 – 1400	LUNCH SYMPOSIUM BALLROOM II, LEVEL 6	
		Moderator	Adj Asst Prof Leow Leong Chai	
1310 – 1400	Lunch, Poster Viewing & Exhibition		Beyond the Mask: Transitioning from Mechanical to Systemic Management of Obstructive Sleep Apnea with Tirzepatide Prof Brendon Yee, Respiratory and Sleep Specialist, Australia	
1400 – 1520	ENDOSCOPIC SKULL BASE SURGERY 4 BALLROOM I, LEVEL 6	1400 – 1635	ORTHOGNATHICS & MMA: TWO SIDES OF A COIN BALLROOM II, LEVEL 6	SURGERY-DENTAL COLLABORATION WISTERIA, LEVEL 6
Moderators	Dr Harvinder Singh, A/Prof Kornkiat Snidvongs	Moderators	Dr Sasikarn Poomkornsarn & Dr Ronny Lie	Dr Rama Rajandram & Dr Irene Lau
1400 – 1420	Nasoseptal Flap Increase Morbidity in Pituitary Surgery? Dr Kachorn Seresirikachorn, Thailand	1400 – 1415	MINI-DEBATE Pro Segmental MMA for OSA Prof Mike Leung, Hong Kong	Sleep Surgeon & Orthodontist Collaboration: Adult & Pediatric OSA Dr Ethan Lai, Taiwan
1420 – 1440	Skull Base Reconstruction in Revision Settings Dr Jacob Eide, USA	1415 – 1430	MINI-DEBATE Pro Staged Maxillary Expansion then MMA Dr Yufeng Chen, Taiwan	Sleep Surgeon & Orthodontist Collaboration: Adult & Pediatric OSA Dr Jessie Chi, Taiwan
1440 – 1500	Effect of GLP-1 Medications on Rhinologic/Skull Base Disease Processes A/Prof Sanjeet Rangarajan, USA	1430 – 1445	Personalised Solutions in Distraction Osteogenesis Prof Majeed Rana, Singapore	Rhinological Approach to OSA in Japan Dr Masaaki Suzuki, Japan
1500 – 1520	Discussion Dr Kachorn Seresirikachorn, Dr Jacob Eide, A/Prof Sanjeet Rangarajan	1500 – 1515	Airway Stability: Rethinking the Skeletal Paradigm through Long-Term Functional Outcomes Dr Jeni Ho, Hong Kong	Where Breathing Meets Bite Dr James Yap, Singapore
1520 – 1550	Coffee & Tea Break, Poster Viewing & Exhibition	1515 – 1530	Surgical Maxillary Expansion in Multilevel Sleep Surgery Dr Sasikarn Poomkornsarn, Thailand	Where Breathing Meets Bite Dr David Chin, Singapore
		1530 – 1600	Coffee & Tea Break, Poster Viewing & Exhibition FOYER, LEVEL 6	

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DAY 2: FRIDAY, 03 JULY 2026 (CONTINUED)

TIME	SESSIONS							
1600 – 1740	RESEARCH FORUM	BALLROOM I, LEVEL 6	1600 – 1700	ORTHOGNATHICS & MMA: TWO SIDES OF A COIN	BALLROOM II, LEVEL 6	SURGERY-DENTAL COLLABORATION	WISTERIA, LEVEL 6	
Moderators	Prof Wang De Yun		Moderators	Dr Ngoc Quang Dong & Dr Jeni Ho		Dr Jessie Chi & Dr James Yap		
1600 – 1610	Impact of Air Quality on Tissue Eosinophilia and Clinical Severity of Chronic Rhinosinusitis Dr Anh Le Quoc, Thailand		1600 – 1615	Planning MARPE: Why the Mandible Leads the Maxilla Dr Ronny Lie, Hong Kong		Cross Disciplinary Pediatric Dental-ENT Care in Hong Kong Dr Irene Lau, Hong Kong		
1610 – 1620	Correlation between the Drug-induced Sleep Endoscopy Result and Demographic and Anthropometric Data of the Patients with Obstructive Sleep Apnea Dr Liana Karapetyan, Russia							
1620 – 1630	Mitigating the Discomfort of Co-Phenylcaine During Flexible Nasopharyngolaryngoscopy: A Randomized Controlled Trial Mr Sidney Tan, Singapore		1615 – 1630	Maxillary Expansion: From DOME to DOMEzero Dr Gary Adams, USA		Cross Disciplinary Pediatric Dental-ENT Care in Hong Kong Dr Gordon Soo, Hong Kong		
1630 – 1640	Efficacy of Intranasal Platelet-Rich Plasma for Post-Covid-19 Olfactory Dysfunction: A Systematic Review and Meta-Analysis Dr Dinera Anjani, Indonesia		1630 – 1645	K-Beauty Style: MMA Sleep Surgery in Korea Prof Catherine Hong, South Korea		Many Faces, One Airway Dr Jeevanan Jahendran, Malaysia		
1640 – 1650	Obstructive Sleep Apnea and Sensorineural Hearing Loss: A Systematic Review and Meta-Analysis Dr Joan Lee, Singapore							
1650 – 1700	Allergen Immunotherapy Reduces Sleep Apnea in Patients with Allergic Rhinitis: A Systematic Review and Meta-Analysis Dr Muhammad Farhad Khan, Pakistan			K-Beauty Inspired Digital Smile Design Dr Young Kyung Kim, South Korea		Many Faces, One Airway Dr Rama Krsna Rajandram, Malaysia		
1700 – 1710	Discordance Between Type 2–Non–Type 2 Biomarker Grouping and Tissue-Level Correlation Dr Monica Intan, Indonesia		1700 – 1800	CLOSING ROUNDTABLE WITH ALL FACULTY SPEAKERS				BALLROOM II, LEVEL 6
1710 – 1720	Hypertonic Saline Irrigation in Improving Moderate-Severe Persistent Allergic Rhinitis with Upper Airway Resistance Syndrome Dr Amalina Elvira Anggraini, Indonesia			Breathing, and Beauty: Where We Go Next A/Prof Stanley Liu & all faculty				
1720 – 1730	Incidental Nasal Langerhans Cell Histiocytosis: A Rare Site of Involvement Dr Shalini Krishnappan, Malaysia							
1730 – 1740	Endoscopic Endonasal Orbital Decompression: Clinical Outcomes and Safety Profile in a Single-Institution Case Series Dr Han Tien Tien, Malaysia							
1900 - 2100	SARC DINNER SYMPOSIUM (BY INVITATION ONLY)						One Farrer Hotel	
1900	Welcome Address							
1905	Can Biologics Replace Surgery? Sinus Surgery Extent and Disease Control in Biologic-Treated CRSwNP Dr Png Lu Hui, Singapore							
1915	Not All Polyps are Equal: Endotypes, Comorbidities, and Individualized Biologic Strategies Prof Amber Luong, USA							
1945	Interactive Q&A							
2000	Dinner continues							
	End of Day 2							

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DAY 3: SATURDAY, 04 JULY 2026

TIME	SESSIONS	
0730 – 0800	REGISTRATION	FOYER, LEVEL 6
0800 – 0900	ROUND TABLE DISCUSSION	BALLROOM I, LEVEL 6
Moderator	Prof Jivianne Lee	
	Is Balloon Sinuplasty Still Relevant in the Age of Image Guided Sinus Surgery?	
	Panelists: Prof Martin Citardi, Prof Naveen Bhandarkar, Dr David Chin, A/Prof Charn Tze Choong	
0900 – 1020	RHINOLOGY 6	BALLROOM I, LEVEL 6
Moderators	Dr Retno Wardani, Dr Chrisanda Lee	
0900 – 0920	Advances in Surgical Procedures for Recalcitrant Chronic Rhinosinusitis Prof Jivianne Lee, USA	
0920 – 0940	Extended Frontal Sinus Surgery: When and How to Go Beyond Standard Approaches Dr Kachorn Seresirikachorn, Thailand	
0940 – 1000	Mucosal Flaps in Frontal Sinus Drill-out Prof Luan Tran, Vietnam	
1000 – 1020	Discussion Prof Jivianne Lee, Dr Kachorn Seresirikachorn, Prof Luan Tran	
1020 – 1050	Coffee & Tea Break, Poster Viewing & Exhibition	FOYER, LEVEL 6
1050 – 1210	RHINOLOGY 7	BALLROOM I, LEVEL 6
Moderators	Dr Kachorn Seresirikachorn, Dr Png Lu Hui	
1050 – 1110	Impact of Particulate Matter on Tissue Eosinophilia A/Prof Kornkiat Snidvongs, Thailand	
1110 – 1130	Tissue Neutrophilia as a Predictor of Symptom Severity and Recurrence in Chronic Rhinosinusitis Dr Minh P. Hoang, Vietnam	
1130 – 1150	Nasal Polyps Management from Molecular Research to Clinical Practice Dr Retno Wardani, Indonesia	
1150 – 1210	Discussion A/Prof Kornkiat Snidvongs, Dr Minh P. Hoang, Dr Retno Wardani	
1210 – 1230	CLOSING CEREMONY & ORAL & POSTER AWARD PRESENTATIONS	BALLROOM I, LEVEL 6
1230 – 1400	LUNCH & EXHIBITION	FOYER, LEVEL 6
	End of Day 3	